

TAKE THIS BOOK! This journal compiles creative writing and art from youth and adult who participate in weekly creative writing workshops with SpeakOut! SHARE WIDELY PLEASE!

Breaking my Confinement

BJ. W.

At first I was confined
But now I am free
Four white walls
Were all I could see
But now I'm seeing
A whole lot clearer
I'm no longer the same girl
Staring back from in the mirror
The chains are breaking
I'm no longer bound
I'm no longer lost
I'm finally found
I'm breaking my confinement
Breaking these links to my chains
Attached to the ball of self imprisonment
Of my emotions, thoughts, addictions and pains
I refuse to be held back
By the choices I make
I refuse not to learn
The lessons of my mistakes
See at first I was confined
But now I am free
Because I'm taking back my life
And changing it for me

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SpeakOut!

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BREAKING THE CHAINS



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