

List of Demonstrations and video links

Demonstration 1

- How to outline through elastic and red tape – Demonstration 1 (2016)
https://www.youtube.com/watch?v=K0nqwP18sWY&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=11

- Demonstration 1, performed live at University of Wolverhampton, UK, on 18 March 2018
https://www.youtube.com/watch?v=BVXUsgGuC5g&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=5

Documentation produced by Dean Kelland.

Demonstration 2

- How to saw wooden posts and become foot-vacuumed – Demonstration 2 (2016)
https://www.youtube.com/watch?v=pl4uUli3LGs&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=9

- Demonstration 2, performed live at 44AD, Bath, UK, on 6 September 2017

https://www.youtube.com/watch?v=fWulqmJZ-I0&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=14

Documentation produced by the artist.

Demonstration 3

- How to eat and be seen through a pretzel – Demonstration 3 (2016)
https://www.youtube.com/watch?v=SvQ93Lc-iLM&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=10

Demonstration 4

- How to picture skies, faces and ceilings – Demonstration 4 (2016)
https://www.youtube.com/watch?v=9bwpY5-KEe8&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=8

Demonstration 5

- How to wrap and show one's arms – Demonstration 5 (2017)
https://www.youtube.com/watch?v=XidCTfy7Vws&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=2

- Demonstration 5, performed live at Squash & Stretch event by LAPER, at Modern Art Oxford, UK, on 21 November 2018

https://www.youtube.com/watch?v=ukGnFfBpC_s&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=13

- Demonstration 5, performed live at the exhibition Live, at Walcot Chapel/Fringe Arts Bath, UK, 2 June 2018 https://www.youtube.com/watch?v=-K-2S-lcdHU&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=16

Demonstration 6

- How to spill coffee and step over grounds – Demonstration 6 (2018)
https://www.youtube.com/watch?v=fveUqTyQYXg&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=1

Demonstration 7

- How to bag one's air – Demonstration 7 (2017)
https://www.youtube.com/watch?v=UWh_u4NPDOY&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=7
- Demonstration 7, performed live at the festival LAPER, Squash & Stretch, Oxford, UK, 8 May 2018
https://www.youtube.com/watch?v=HuMHfimhJqU&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=3
- Demonstration 7, performed live at the exhibition Restless Linings, Acts / Re-Acts 5, Wimbledon Space, UK, 1 March 2018
https://www.youtube.com/watch?v=bNfBiYPc5NI&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=6
- Demonstration 7, performed at the exhibition Restless Linings, Kosar Contemporary, UK, 20 November 2019
https://www.youtube.com/watch?v=Uxkarfveeog&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=25&t=7s

Demonstration 8

- How to make sufficient supplies – Demonstration 8 (2020)
<https://www.youtube.com/watch?v=J97BECNYPUA>

Demonstration 9

- How to rub coins and fingers through papers – Demonstration 9 (2018)
https://www.youtube.com/watch?v=1oAq9HogudU&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=4
- Demonstration 9, performed live the festival Zhuangzi & The Butterfly, Tel Aviv University and Confucius Institute, Israel, 14 May 2018
https://www.youtube.com/watch?v=6OAPJNKb8ns&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=15

Demonstration 10

- How to measure things with sticks and stones – Demonstration 10 (2018)
https://www.youtube.com/watch?v=dS1JMHrgsSQ&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=12

Demonstration 11

- How to bore – Demonstration 11 (2019)
https://www.youtube.com/watch?v=g5uRV4huCU&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=17

Demonstration 12

- How to stretch – Demonstration 12 (2019)
https://www.youtube.com/watch?v=hjub1PLy95k&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=18
- Demonstration 12, performed live at Roja Art Lab, Latvia, 1 July 2019
https://www.youtube.com/watch?v=BzRsLA6reZw&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=20

- Demonstration 12, performed on Latvian National Television, Latvia, 29 June 2019
https://www.youtube.com/watch?v=3tA-kKf7uUY&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=22

- Demonstration 12, performed at the exhibition Restless Linings, Kosar Contemporary, UK, 12 November 2019
<https://www.youtube.com/watch?v=CJ3ISj6-Z9M>

Demonstration 13

- How to evacuate – Demonstration 13 (2019)
https://www.youtube.com/watch?v=TtHDVEB_2GA&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=19

- Demonstration 13, performed live at Roja Art Lab, Latvia, 1 July 2019
https://www.youtube.com/watch?v=uHC53hnDIhQ&list=PLRj5oxJ8S6_f74z8dMKrXf_GPMGN5RH3P&index=21