

2018

shextreme

FILM
FESTIVAL

4th
& 5th
Oct

THE WORLD'S FIRST FILM FESTIVAL FOR
WOMEN IN EXTREME SPORTS & ADVENTURE!



SUPPORT TRAINING JOBS BOARD RECOGNITION



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2018 SHEXTREME WINNERS

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A SELECTION OF THE FOLLOWING FILMS
WILL BE SCREENED AT SHEXTREME FILM
FESTIVAL 2018

FILM ENTRIES

SHADES OF WINTER COUPLES

Professional athletes are constantly faced with the risks and challenges of backcountry skiing, overcoming vulnerability and fear, experiencing adrenaline rushes and absolute joy. But did they ever think how their spouses feel about them being out there in these wild mountains? Producer & Directed by Sandra Lahnsteiner.



IN PERPETUAL MOTION

There is no singular shot that defines a photographers career as it is about the process of photography and the fine balance between passion and obsession. A short film that explores the work of Adventure Photographer Krystle Wright and the different tangents of fear that weaves between her life and her work.



A LAND SHAPED BY WOMEN

An inspirational depiction of their journey across Iceland, where two Freeride World Champions explore the country in a van through the adventure sports they are passionate about: snowboarding and surfing. On the road they meet inspirational Icelandic women to understand their mindset living in a country with a rich history in gender equality.



THE EVEREST ADVENTURE

Six ordinary women meet for the first time to attempt to climb the height of Everest over 5 days in the Lakes District. Directed by Kate Owen.



#ENGAGEYOURSENSES GEORGIA PILKINGTON

At 16, Georgia Pilkington won all three rounds of the BMC Para Climbing Series (Hearing Impaired category). Now she's moved on to tackling epic challenges like the Old Man of Stoer and the Matterhorn and is keen for more; especially since she was recently diagnosed with Autism and climbing helps her overcome feelings of anxiety and makes her feel truly herself. Directed by Danielle Sellwood: Find It Film.



UK FILM PREMIERES

UK FILM
PREMIERE

EVOLUTION OF DREAMS



Follow Eva and Jackie's journeys to big mountain skiing journeys as they tackle new challenges and conquer new fears. It's their evolution of dreams.

TO THE MOON AND BACK



There is no stronger bond than the one between a mother and a child. That means great sacrifice for both when they're miles apart. Abby Ehler, mother and professional yachtswoman explores her story of life away from family when she competed in the 2017/18 Volvo Ocean Race.

TWINKLE POWER TO CHANGE

The first ever woman weightlifter from Pakistan to have won a gold medal internationally. Twinkle belongs to the minority Christians of Pakistan and her story is a story of change from one of the most sidelined, marginalised communities. Her success changed views about minorities and also opened up new opportunities for women in general by breaking the conservative traditions of the land.



BOARDERS WITHOUT BORDERS

GirlDreamer and Paul Stringer document the formation of the UK's first Women of Colour Longboarding crew, using sport as a tool for social change.



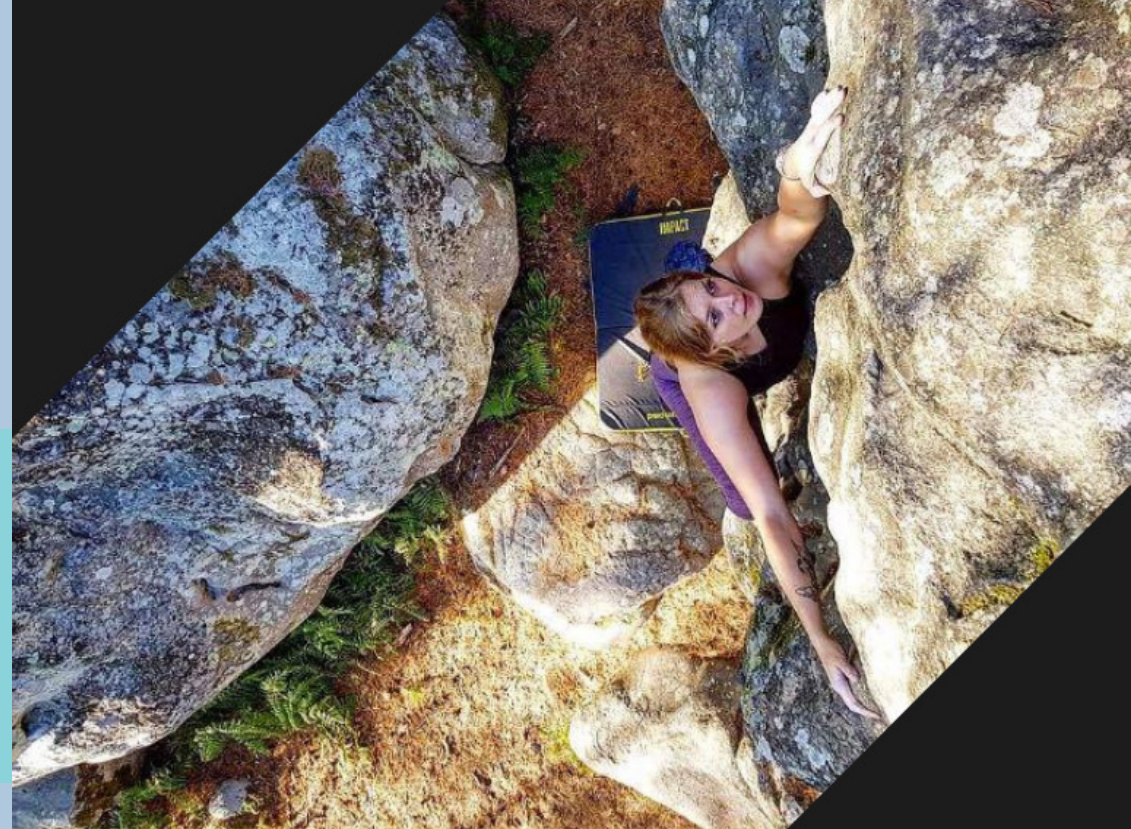
FILMS



WORLD FILM PREMIERES

ON HER TERMS

Manon Carpenter and Monet Adams venture to Iceland to explore the country's amazing mountain biking as well as digging into their sustainable design outlooks and energy production.



LOLA

A story directed by Nicole Tobin about an independent skateboarder, who won't let anything get in her way of skating, not even a sewer.



MEET UPS

Monday evenings:

@ Redpoint
Climbing Centre

Thursday evenings:

@ The Climbing Academy
or Undercover Rock
(alternating between
TCA/UCR each week)

E-MAIL: WOMENS.CLIMBING@RISEUP.NET

INSTAGRAM: [@BRISTOLWOMENCLIMBERS](https://www.instagram.com/BRISTOLWOMENCLIMBERS)

FACEBOOK.COM/GROUPS/BRISTOLWOMENCLIMBERS/

2018 SHEXTREME PANEL

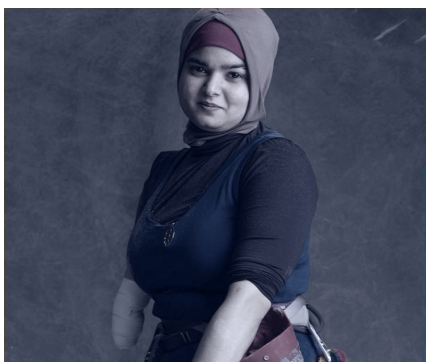


DR SUZIE IMBER

Suzie is taking adventure to the next level: outer space! She is a NASA-trained astronaut; planetary scientist; mountaineer; rock climber; rower and runner.

ANOUSHE HUSAIN

Anoushé is a para-climber and ultimate role model and champion for all those experiencing barriers and self-limiting beliefs. Anoushé is the 2017 Asian Women of Achievement Award winner for Sport.



PAUL DIFFLEY

Founder of Hot Aches Productions: Paul is a multi-award winning adventure filmmaker. His experience ranges from hanging off ropes filming live outside broadcasts of rock climbing, to following adventurers and athletes pushing their limits.



HAZEL
FINDLAY

Legendary pro climber and coach Hazel Findlay is the first British woman to climb a trad route at E9. She is also the first British woman to free El Capitan in Yosemite.



DR
SUZIE IMBER

Suzie is taking adventure to the next level: outer space! She is a NASA-trained astronaut; planetary scientist; mountaineer; rock climber; rower and runner.



ADVENTURE BLOG

PODCAST



ADELAIDE GOODEVE

THE WILD SHOW



Adelaide Goodeve is a performance coach, The Wild Show podcaster, triathlete and passionate optimist helping executives and athletes be the best they can be.

Adelaide's winning podcast entry is entitled The Ultimate Woman's Guide To Adventurous Living.

Our judging panel found Adelaide's winning podcast entry "gripping. It grabbed our attention right from the start and throughout. We related straight away and wanted to know more about the lives of the women being interviewed."



PODCAST



You can listen to more of Adelaide's fantastic adventure podcasts on iTunes @ The Wild Show and her website:

www.adelaidegoodeve.com/the-wild-show/

Find her on Instagram @ADELAIDEGOODEVE



ADVENTURE POETRY

CATHERINE
EDSELL

Our winner Catherine Edsell FRGS is an adventurer, trained PADI Divemaster and global expedition leader. She designs expeditions that open up her world of adventure to any woman who wishes to seize the opportunity to step out of their comfort zone, push their own mental and physical boundaries, and in doing so, rediscover themselves.

Our Shextreme Poetry judges Sarah Audsley, Claire-Jane Carter and Helen Dewbery praised Catherine Edsell's poem for "doing gorgeous work with the physical description of the landscape."



@CATHADVENTURE
www.cathadventure.com



DESERT.

Pre-dawn the dark crust is cold and moist to the touch,
You bend, breathe, salute the sun,
and are rewarded with such flaming heavens, even the faintest heart soars.
The earth quickly bakes, cracks, crisp beneath your feet as you crunch along under a scorching
azure sky past tiny leaved acacia trees, stronger, more resilient than you.
Rest. Breathless. The air burns.
Here now the wind gently whips the loose grains into the fracturing amber light as you watch with wonder
elephants quietly step home.
The weight of stars press heavy upon the eyes. Fire crackles. Bliss.

ADVENTURE BLOG

MIKAELA
TOCZEK

*A SUCCESSFUL
FAILURE ON
TRIGLAV*

www.mikaelatoczek.com

Mikaela is a freelance outdoor instructor, photographer and writer based in South Wales. She is passionate about outdoor education and visual communication.

Our judging panel Sian Lewis, The Girl Outdoors, and Emily Woodhouse from Intrepid Magazine praised the winning blog entry for its 'good flow' and found it 'compelling. This was tackled really well.'



AWARD
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Winning Blog
Entry Excerpt...



"I don't get tearful in the mountains, I have been scared and frustrated on many occasions but rarely tearful. Over the past few months I have written blog posts that share my learning and development in the mountains, but all of them present happy, successful experiences, dabbling on the edges of my comfort zone with mostly type 1 fun. Last week I wobbled tearfully through my first mountaineering epic, where I learnt through failure on a much grander scale...."



@MIKAELATOCZEK



ADVENTURE PHOTOGRAPHY

HANNAH BAILEY

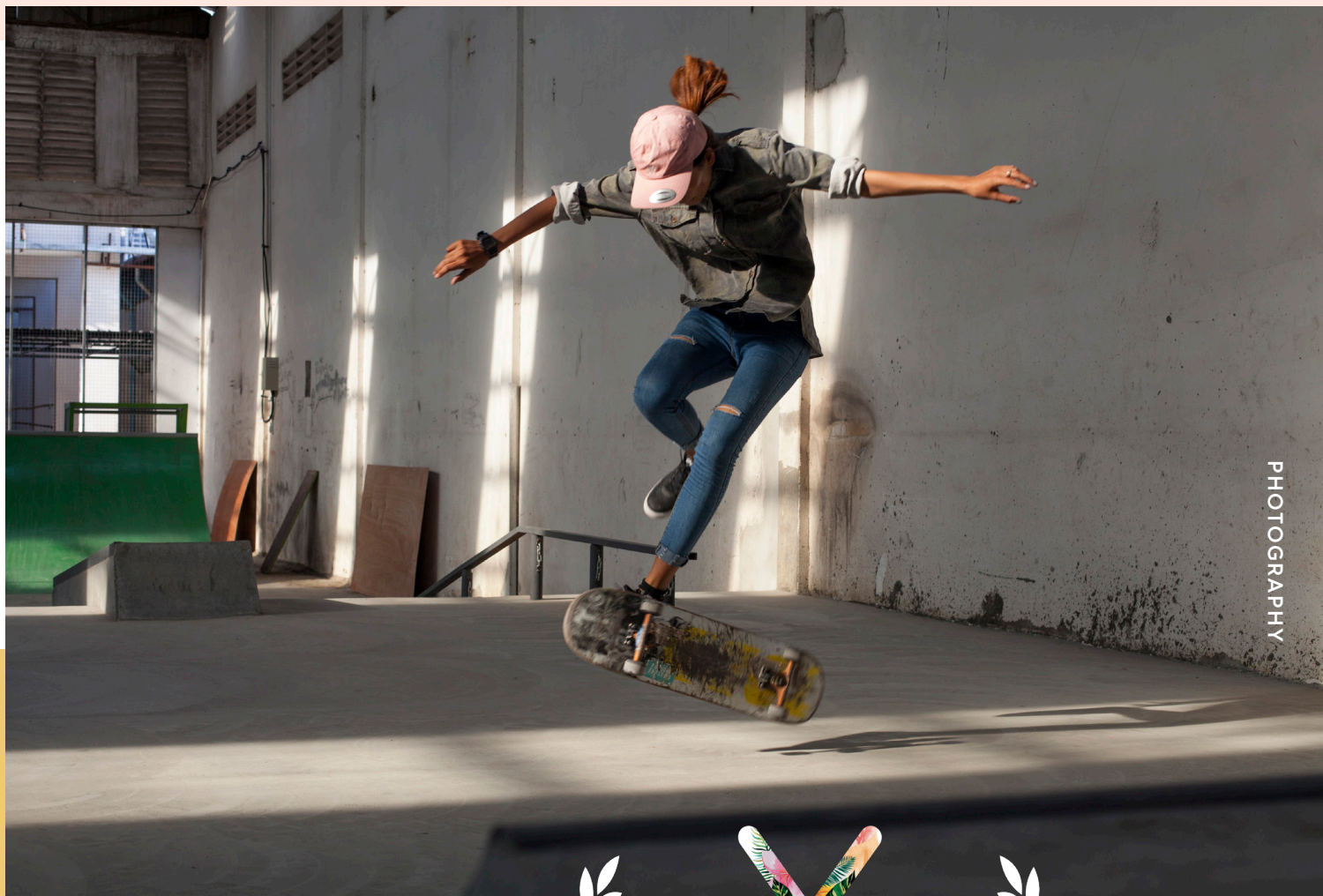
Neon Stash

"I haven't seen this image before, so very original. I'm intrigued to know where she is and want to know more about the skater. Beautiful light, and captures the movement of the board and the skater."

- Anna Paxton, Founder of Outdoorista, Adventure Journalist & Film Producer

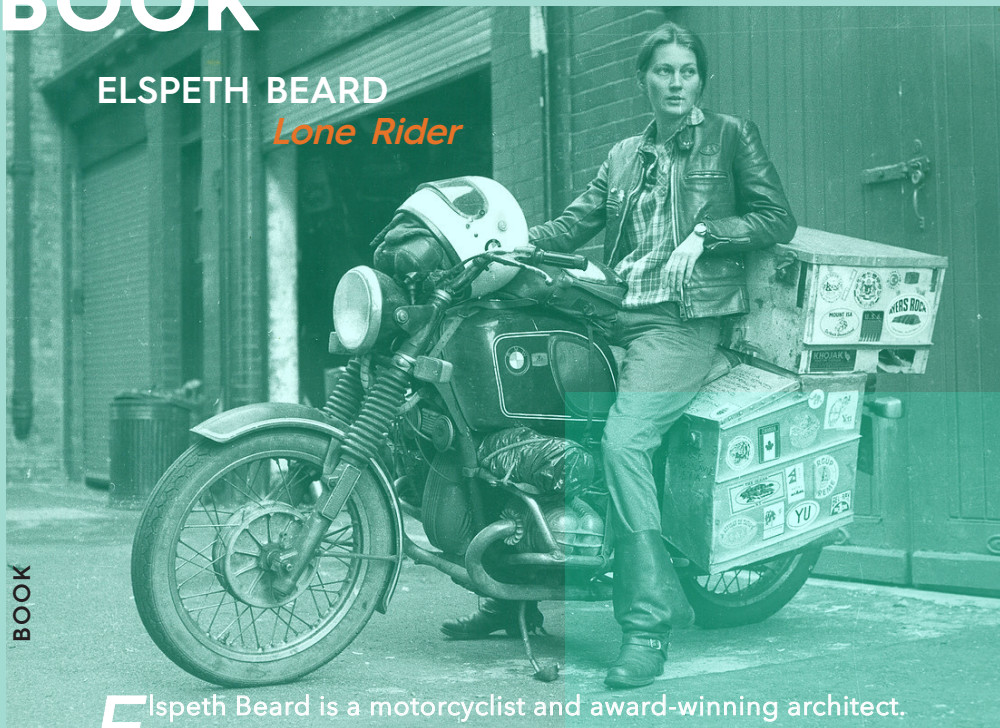
Hannah is a highly regarded skateboarding photographer, digital specialist and communications expert. She runs an action sports communications agency called Neon Stash. Her media portfolio champions women in action sports and adventure. She is also the award winner of Women's Sports Trust #BeAGameChanger Photographer of the Year.

 Enjoy more of Hannah's images over on Instagram: @NEONSTASH



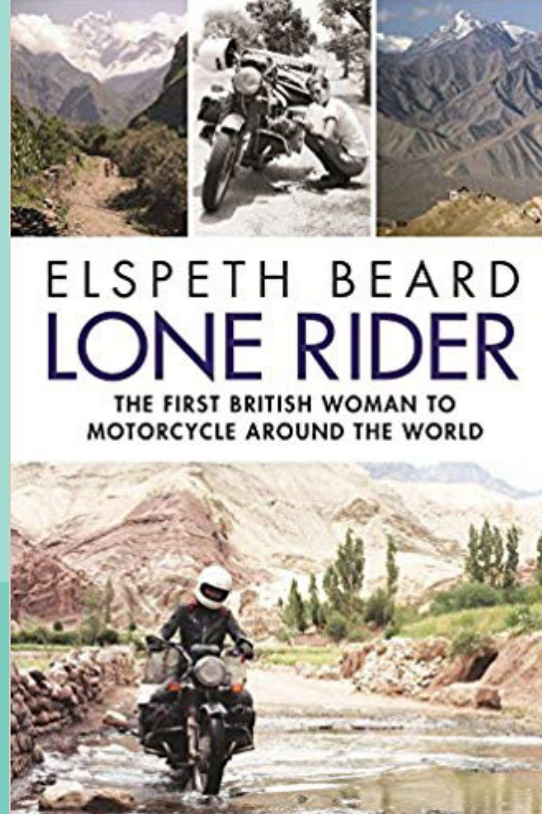
ADVENTURE BOOK

ELSPETH BEARD
Lone Rider



Elspeth Beard is a motorcyclist and award-winning architect. She runs her own architecture company, specializing in creating and remodeling interesting and unusual buildings. She lives in a converted water tower in the southeast of England and still enjoys riding her collection of motorcycles, which includes her trusty BMW R 60/6.

Our Shextreme judges Jon Barton from Vertebrate Publishing & prolific publisher Caroline Harris believe Elspeth's book entry is a true "classic of the genre".



AWARD SPONSORED BY

ellis**brigham**
MOUNTAIN SPORTS

...

In 1982, at the age of just twenty-three, Elspeth Beard left her family and friends in London and set off on a 35,000 mile solo adventure around the world on her 1974 BMW R60/6. Reeling from a recent breakup and with only limited savings from her pub job, she set out to do what no British woman had done before.

When she returned to London nearly two and a half years later she was stones lighter and decades wiser. She rode through post-revolutionary Iran during the war with Iraq, survived life-threatening illnesses and numerous accidents. She witnessed civil uprisings that forced her to fake documents and fended off physical threats, sexual attacks, biker gangs and corrupt police convinced she was trafficking drugs. She fell in and out of love three times.



@ELSPETHBEARD



ARTISTS-IN-RESIDENCE 2018

LIBBY PARFITT



@LIBPARF



&

KIM PIFFY



@IAMPIFFY



A big...

THANK YOU

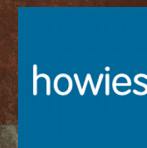
to YOU!

Our Wonderful Audience

& Our Kind Supporters



finisterre



THANKS

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Photography contributed by Hannah Bailey @neonstash

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WHERE WILL YOUR
NEXT ADVENTURE
TAKE YOU...?

SHEXTREME 2019?

WWW.SHEXTREME-FILM-FESTIVAL.COM

@SHEXTREME

