

OCT. 3

CAG - WOOD/HARRISON

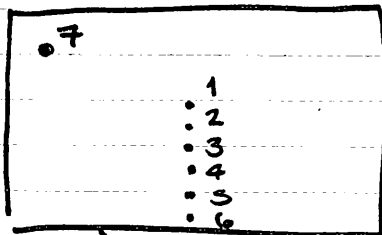
100 FALLS

- 15 BODIES - GROUP SPACING
- EVERY 7 CT
- LAND OR STAND ON "1"
- 10 FALLS TOTAL
- START STANDING

①

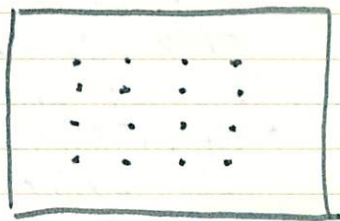
CONCENTRIC CIRCLES

- 7 BODIES
- 60 SEC DURATION
- INDIVIDUAL TRACK AROUND CENTER POINT (#1-6)
- #7 TURNS AROUND SELF (60 TURNS)
- #6 - 1 FULL CIRCLE / 60 SEC
- 5 - 2 CIRCLE / 30 SEC EA.
- 4 - 3 CIRCLE / 20 SEC EA.
- 3 - 4 CIRCLE / 15 SEC EA.
- 2 - 5 CIRCLE / 12 SEC EA.
- 1 - 6 CIRCLES / 10 SEC EA
- ALL BODIES DEPART & ARRIVE TOGETHER



CRISP PACKET

16 BODIES



SILENT INTRO
XTOPH & ANDREW

- ONE GRID - PICK UP / SHIFT TO
OPENING PLACES, MUSIC STARTS

8 BODIES STG. R ENTER 1ST
8 BODIES STG. L ENTER 2ND
EVERYONE ARRIVE BY "7, 8" of 2ND "8"

4 8's HOLD SPACING

- EVERYONE STEP STG. R ON "7, 8" of 4TH 8

HOLD SPACING 2 8's

- CHANGE FACING ON 8 of 2ND 8
(OR TAKE ONE STEP SIDE) ~~OR F~~

6 8's • Step together Forward / Backward
or SIDE TO SIDE

• CHANGE FACING

• WALK FORWARD TO A NEW POSITION

• ALWAYS RETURN TO 6TH POSITION

• RESUME GROUP SPACING
BY "8" OF THE 6TH 8

4 8's + HOLD for 4 CT.

- STEP TOUCH / TOGETHER
- WHOLE GROUP MOVE AS ONE UNIT

"LEFT, UP STG, DWN STG, RIGHT" x4

- OPTIONAL FACING CHANGE ON STEP TOUCH

- HOLD 4 CTS AT END

8 CTS PREPARE FOR GROUP 1 / GROUP 2

8 CTS GROUP 1 MOVE STG L TO R

8 CTS GROUP 2 MOVE STG UP TO DWN

3 8's "WANDERING" STEPS

- PREPARE FOR PARTNER DANCE

1 8 ONE BODY IN PARTNERSHIP PUTS HAND ON OTHERS SHOULDER OR CHEST & PUSHES OWN BODY INTO SIDE STEP

- SET UP FOR PARTNER DANCE ON 7, 8 OF THIS 8 CTS.

2 8's PARTNER DANCE

2 8's "WANDERING/AVOIDING" STEP TO RESUME GROUP SPACING BY "8" OF 2ND 8

CRISP PACKET CONT.

3 8's PIVOTS (IN QUARTER TURN) ON ODD CTS.

1st 8

- FROM WHERE YOU FACE WHEN YOU FIND GROUP SPACING (CAN BE ANY DIRECTION)
- 4 QUARTER TURNS ON ODD CTS
- CHOOSE WHICH TO DO

2ND 8 "COLLECT" THE GROUP

- BODIES FACING DWN STG
- BODIES FACING STG. R
- BODIES FACING UP STG
- BODIES FACING STG. L

3RD 8 (IN SILENCE)

- 4 QUARTER TURNS ON ODD CTS BY EVERY BODY
- FINISH FACING DWN. STG
- END-

FALLING AND SHIFTING TRIO

· 3 BODIES

LIVONA, CHRISTOPH, KIRSTEN

THE PROPOSAL

- 2 BODIES (ALBERT, EMILY)

PLANKING

- 16 BODIES
- FULL SPACE GROUP SPACING
- 10 SEC HOLD
- SHIFT L FOOT TO 45° ANGLE
- WHOLE ROOM SHIFTS - PLANK BODY - TO L
- 10 SEC HOLD
- RETURN UPRIGHT, CLOSE 6TH POS
- 5 SEC HOLD - SHIFT SPACING - TO:

PLANK → PARTNERED (A)

- 8 COUPLES
- ONE PARTNER FACE DOWN STG
ONE FACE STG R - 90° RELATIONSHIP
- STG R BODY FALL FORWARD
- OTHER PARTNER CATCH FALLING
BODY AROUND SHOULDERS
- PIVOT FALLING PLANK 180°
- REPEAT ~~X3~~ ALTERNATING
PARTNERS / BODIES (4 FALLS TOTAL)

- AFTER 4TH FALL BODIES FALLING
DOWN STG PIVOT TO FACE STG. R
IN UNISON (7)

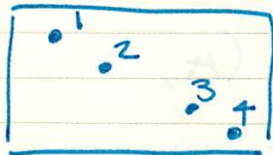


PLANK - PARTNERD CONT (PART B)

- BODY FACING STG L TAKES PARTNER AND TIPS THEM ONTO THEIR SIDE IN 45° RELATIONSHIP TO FLOOR AND PIVOTS BODY 180°
- BRING TIPPED BODY BACK TO UP RIGHT AND RESET SO THAT PARTNERS NOW FACE ONE ANOTHER IN OPPOSITE POSITIONS FROM STARTING POSITION
- REPEAT ~~X~~ X3 (4 TIPS TOTAL)

PLANK - COLLISIONS ~~(C)~~

16 BODIES
(8 COUPLES)



- BODIES 2 & 3 TAKE TWO STEPS TOWARD ONE ANOTHER AND COLLIDE AT R SHOULDER
- COLLISION CREATES A HALF TURN OF BODY - BODY FALLS BACKWARD INTO PARTNER (BODY 1 OR 4)
- PARTNER (BODY 1 OR 4) CATCHES FALLING PLANK - ABSORB IMPACT AND SEND BODY 2 OR 3 BACK INTO TWO STEPS TO REPEAT COLLISION

⑧ (4 COLLISIONS TOTAL)

PLANKS - COLLISIONS CONT.

- AFTER 4TH COLLISION
BODY 1 & 4 ABSORB FALLING
PLANK AND LAY BODY (2 or 3)
DOWN TO FLOOR AND STAND
AT HEAD
- 5 SEC HOLD
- PICK UP FLOOR BODY SUPPORTING
BEHIND NECK, STABILIZE BY
SHOULDERS
- MOVE TO NEW SIDES FOR:

PLANKING IN SPACE

- GROUPS OF 3
- MOVE / SHIFT ONE FLANKED
BODY THROUGH SPACE

PLANKING IN SPACE

- ① KIRSTEN, EMILY, ALBERT
- ② EMILY ALBERT GILBERT
- ③ GILBERT RACHEL TARA
- ④ TARA RACHEAL BRANDON
- ⑤ BRANDON, SCOTT, ALEXIS
- ⑥ ALEXIS CHRISTOPH NIKOLE
- ⑦ CHRISTOPH PETER
- ⑧ PETER CHRISTOPH RACHEL (TRANSITION)

- END -

- ONE PERSON BECOMES/IS PLANKED BODY
- 2 OR 1 PARTNER SHIFT PLANK BODY THROUGH SPACE

OCT 7

90° FOLDS

- 12 BODIES (4 TRIOS)
- ONE BODY IS FOLDED TO 90° ANGLE FROM HIPS AND SHIFTED THROUGH SPACE

ANDREW
TARA
RACHEL

> REPEAT 3

BRETT
BRANDON
EMILY

> REPEAT 2

ALBERT
RACHEAL
SCOTT

> REPEAT 2

GILBERT
NICOLE
KIRSTEN

> REPEAT 3

ALL GROUPS
• AIMING TO
FINISH
TOGETHER

WALL WORLD

- Part 1
- 10 BODIES (5 COUPLES)
 - START SITTING IN CHAIRS OPPOSITE SIDE OF THROOM FROM PARTNER/ING WALL

- WALK TO WALL
STOP TOGETHER
ASSUME STARTING POSITION
5 SEC HOLD
MOVE INTO WALL SHAPE ALL TOGETHER
10 SEC HOLD
RETURN TO STARTING POSITION
5 SEC HOLD
WALK BACK TO CHAIRS TOGETHER
TURN (LEFT?) AND SIT TOGETHER

- Part 2
- 13 BODIES (5 DUET, 1 TRIO)

- WALK TO WALL TOGETHER
ASSUME STARTING POSITION
5 SEC HOLD
ONE BODY IS TAKEN INTO CONTACT WITH THE WALL WITH A LIMB(S)
 - HAND(S) OR FEET
5 - 8 SEC HOLD
RETURN TO STARTING POSITIONS
5 SEC HOLD
WALK BACK TO CHAIRS, TURN, SIT TOGETHER

WALL WORLD CONT.

PART 3

- 15 BODIES (5 TRIOS)
 - PARTNER
 - JUMPER
 - CATCHER

SET UP:

- PARTNER & JUMPER STAND FACING THE WALL AND SIDE BY SIDE (PARTNER ON THE L OF JUMPER)
- CATCHER SET UP PERPENDICULAR TO WALL ON R OF JUMPER
- JUMPER EXTENDS L ARM SIDE
- PARTNER TAKES HAND AND PITS
- 3 STEPS TOWARDS WALL (R, L, R)
- JUMPER PUSH OFF WALL W/ L FOOT
- PARTNER ASSIST
- CATCHER CATCH JUMPER UNDER WAIST AND L LEG OF JUMPER
- JUMPER TRIES TO MAINTAIN PLANK BODY
- 5 SEC HOLD
- TURN TOGETHER, RETURN TO CHAIRS

(PART 4) · ALL (17 BODIES)

- STAND, WALK TO WALL TOGETHER
- SET UP ONE LINE, EACH BODY PERPENDICULAR TO WALL (R SHOULDER TOWARDS WALL)
5 SEC HOLD
- PLACE R HAND ON WALL (UMISON)
- TURN CLOCKWISE UNDER OWN ARM LEAVING HAND ON WALL - 1 TURN
- PUSH WALL TO STEP SIDE-AWAY FROM WALL W/ L LEG
- STEP R LEG TO MEET L AND DROP R ARM TO SIDE SIMULTANEOUSLY
- ~~FOR~~

MY LOVE FOR YOU

- EVERYONE (17 BODIES)
- RACHEAL STAND ON CHAIR - FALL THROUGH SPACE - FROM PERSON TO PERSON
- SHIFT EMILY THROUGH SPACE
- BRETT/LIVONA OPPOSITE OF QUARTET
- BANANA SLIP
- EMILY AGAIN
ON TO NICOLE'S TOES
- KIRSTEN TRIP
- LIVONA ON CHAIR UP STB R
- RACHEAL BACK TO CHAIR
DUMP HER OUT - TUMBLES DOWN THE LINE MAINTAINING SITTING POSITION
- TRANSITION TO GROUP SPACING
2 8's - CHRISTOPH IS THE ANCHOR



GROUP GRAND FINALE UNISON

- 17 BODIES
- FULL SPACE GROUP SPACING

3 B's LARGE FALLING GESTURES

- ONE "POSE" EVERY OTHER COUNT STARTING ON "2" OF 1ST B
- (Eleven poses total - 12 IS RETURN TO STANDING)

2 B's INDIVIDUAL SMALL GESTURE SHIFTS IN BODY

- AGAIN STARTING ON "2" OF 1ST B
- RETURN TO STANDING ON "8" OF 2ND B
- FROM SMALL SHIFT, HOLD 1CT, RETURN TO STANDING 6 1CT

ex) 1-HOLD

2-SM. SHIFT

3-HOLD GESTURE

4-BACK TO "NEUTRAL"

5-HOLD

6-SM. SHIFT

7-HOLD GESTURE

8-BACK TO NEUTRAL

• 4 GESTURES
TOTAL

OCT. 9

GRANDE FINALE CONT.

2 @'s GROUP SM. GESTURE UNISON

• 3 GESTURES

- START "2" - L ELBOW

"6" - R KNEE

"2" - SHOULDERS

- HOLD FOR REMAINDER
OF MUSIC

* SAME
PATTERN
AS SM. SHIFTS
→ ALTERNATE
BTWN GESTURE
& NEUTRAL

- THE END -

XO, AB

